

FOOTBALL PARENT MEETING

APRIL 19, HIGH SCHOOL GYM

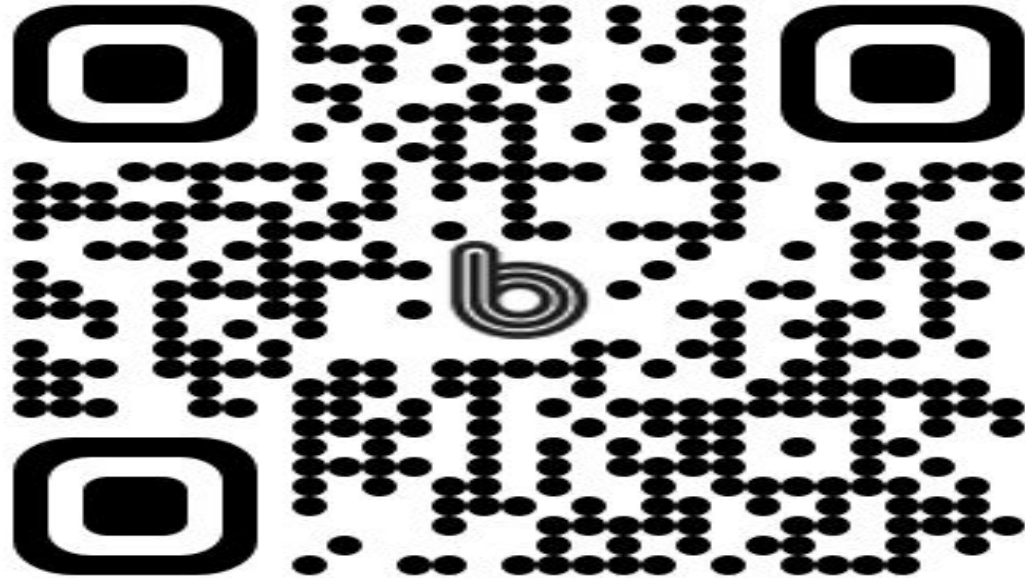


- 1. INTRODUCTION OF STAFF**
- 2. BAND APP/RANK ONE/PHYSICAL**
- 3. R.E.P PROGRAM EXPECTATIONS/STANDARD**
- 4. ACADEMIC/RECRUITING/INJURIES**
- 5. 7-12 SCHEDULE SPRING/SUMMER/FALL**
- 6. OBLIGATIONS -PLAYER PACK/CAMP**
- 7. #GBH /GOLF TOURNAMENT / RAFFLE**
- 8. BLACK & SILVER EVENT AUG 15 SAT**
- 9. VOLUNTEERS SIGN UP**

9-12 GRADE FOOTBALL-BAND

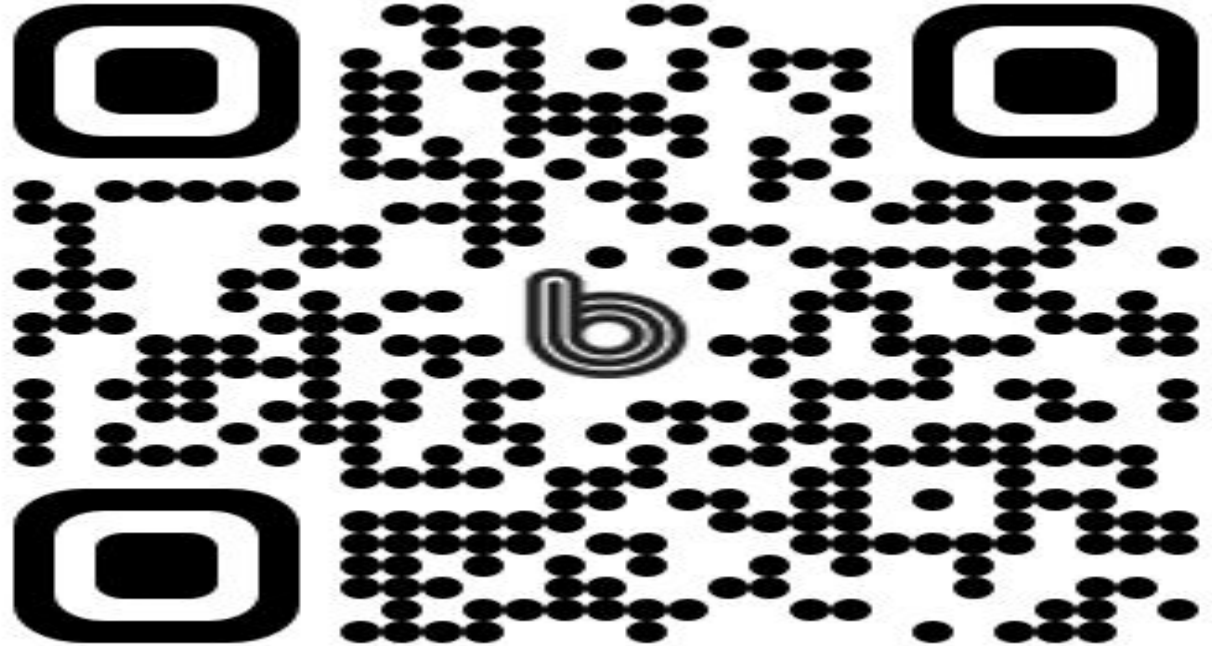
APP

<https://band.us/n/a8a5A0x4f2o6q>



7-8TH FOOTBALL-BAND APP

<https://band.us/n/a3aaA7Icl4H8r>

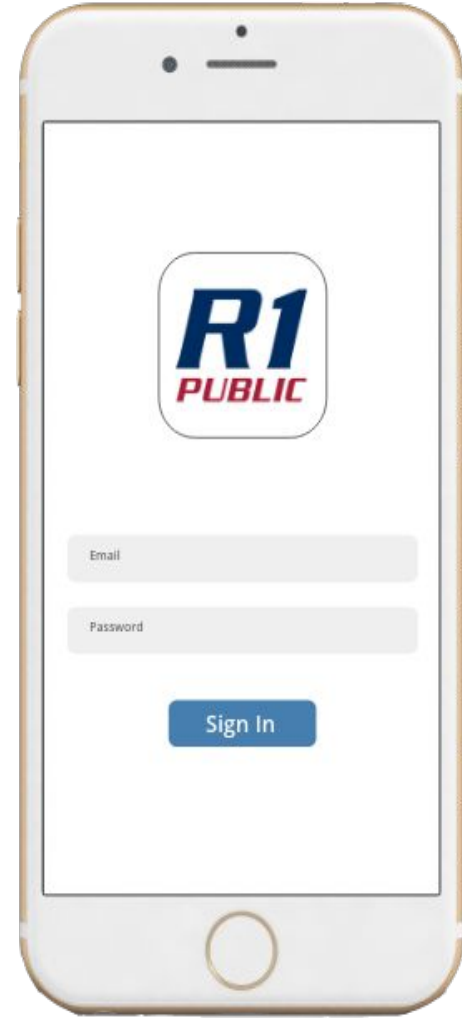


MANDATORY FOR PARENTS

<https://www.rankonesport.com/>

OR DOWNLOAD- **PARENT APP**

<https://perkins-tryon.rankone.com/New/NewParentLogin.aspx>



OSSAA PHYSICAL FORM AND PARENT CONSENT (CLINK LINK BELOW)

[2026-27 OSSAA Physical Form](#)

District Physicals from 5-8pm Jhigh May 4th
5-8pm high school May 7th

MANDATORY

Mission Statement

The Perkins-Tryon Football Program is based upon the principles of discipline, perseverance, and dedication. We want to promote sportsmanship, competitiveness, mental toughness and a tradition of winning that will create a program that is unmatched in the state of Oklahoma.

1. PLAY HARD *-RELENTLESS*

We will go 100% every snap, first play or last play, ahead or behind, first game or last game. To play hard, we must be in great condition. We will be 100% committed to be the best we can be.

2. DO WHAT'S RIGHT *-EXCELLENCE*

It is an honor and a privilege to be a DEMON football player. We will behave on and off the field in a manner that will be a positive reflection of our program. We will do nothing to embarrass our team, our family, or our school. We will stay eligible at all times.

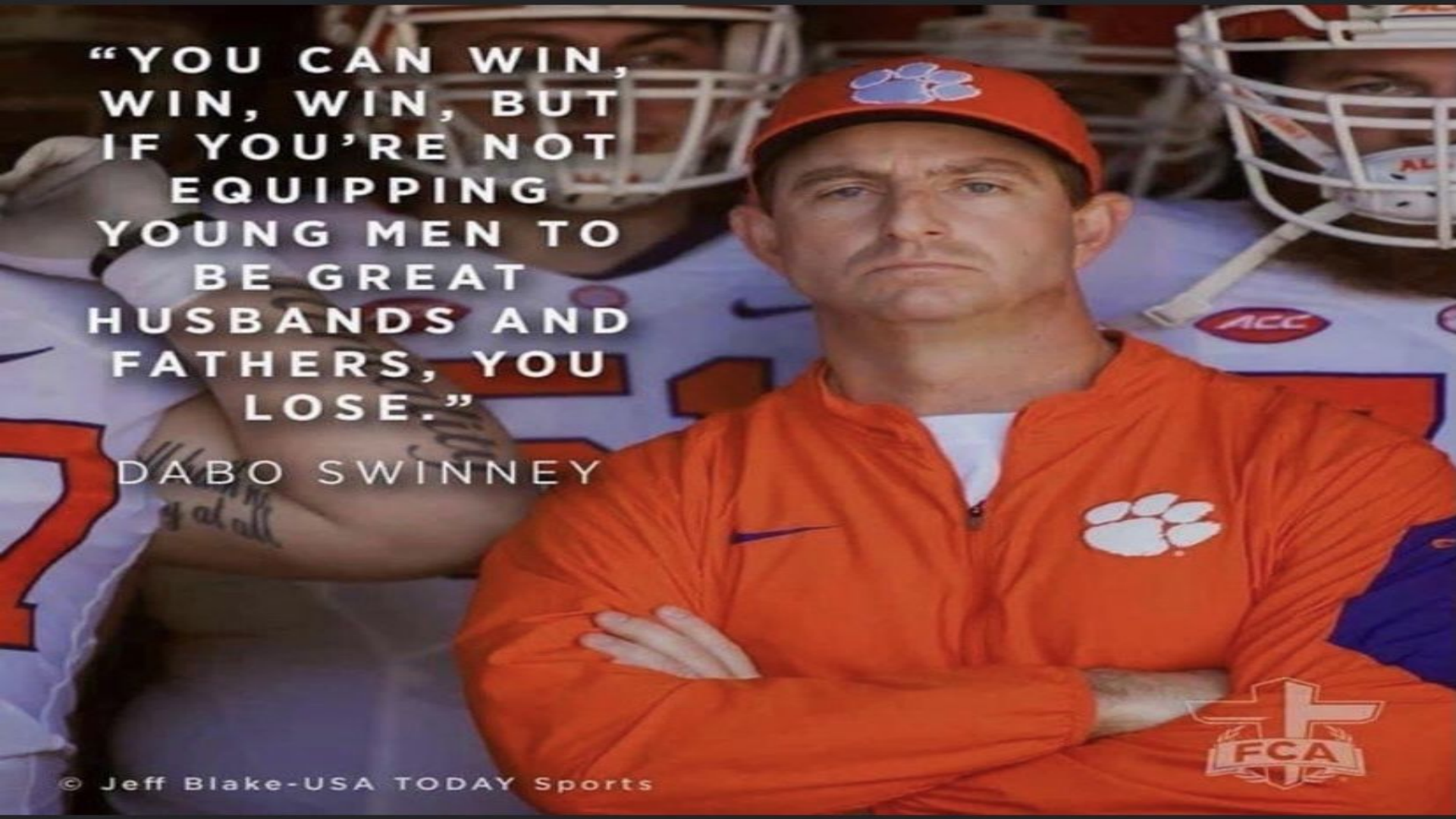
3. HAVE FUN *-PASSION*

We will have fun. We want our players to never forget the pure joy of playing the game at the highest level possible. We look for opportunities to laugh and have a good time. We want our players and coaches to build relationships that will last a lifetime. The greatest compliment that this program can receive is when non-starters come back year after year to visit with the coaches.

WAYS TO BE A GOOD TEAMMATE



- **SWEAT MORE**
- **WELL DONE IS BETTER THAN WELL SAID**
- **HUMBLE AND HUNGRY**
- **DON'T COMPLAIN**
- **DO IT FOR YOUR TEAM, NOT FOR APPLAUSE**
- **CONNECT AND COMMUNICATE**
- **SHOW YOU CARE**
- **LOVE YOUR TEAM**
- **SACRIFICE**
- **SHARE POSITIVE, CONTAGIOUS ENERGY**

A photograph of Dabo Swinney, the head coach of Clemson University's football team. He is wearing an orange Clemson baseball cap with a paw print logo and an orange zip-up jacket with a white paw print on the left chest. He has his arms crossed and a serious expression. In the background, several football players in white jerseys and helmets are visible. One player's jersey has the ACC logo. Another player's arm has a tattoo that says "I'm not a quitter".

**“YOU CAN WIN,
WIN, WIN, BUT
IF YOU’RE NOT
EQUIPPING
YOUNG MEN TO
BE GREAT
HUSBANDS AND
FATHERS, YOU
LOSE.”**

DABO SWINNEY



Practice Attendance and Tardies

- **ATTENDANCE IS REQUIRED FOR ALL PLAYERS**
- **Proper communication ahead of time to inform Coach Hudson (*the player needs to call and not the parent)**
- **No call/no show-the player will have to run to make up/REMINDER for conditioning**
- **Players are expected to be at practice/meetings on time.**



2026-27 SCHOOL YEAR

-ALL 7-12 ATHLETES WILL HAVE AN OPPORTUNITY TO LIFT DURING THE SCHOOL DAY. THE CLASS IS CALLED BODY MECHANICS. THIS YEAR WE HAD 4 CLASSES FOR 9-12TH GRADES.

-BODY MECHANICS GIVES OUR ATHLETES THE OPPORTUNITY TO DEVELOP IN WEIGHT ROOM YEAR ROUND. EVERY FOOTBALL PLAYER WILL NEED TO SIGNED UP FOR BODY MECHANICS 7-12 GRADES. THERE MAYBE A FEW ATHLETES THAT CAN'T FIT INTO THEIR SCHEDULE. IF THIS IS YOUR SON/DAUGHTER THEY NEED TO VISIT WITH COACH HUDSON.

High School In- Season Practice Schedule

Assessment Sunday

Varsity players will report from 3pm-5pm, we will flush previous opponent, lift, and prepare for upcoming opponent.

Mental Monday

Lighter practice, 9th/JV games. Those not participating in Junior Varsity Games will be required to be at Home Junior Varsity Games to support their teammates.

Intensity Tuesday and Working Wednesday

Tuesday and Wednesday are the two most important practice days of the week. All major work for the upcoming game will be done in these two days.

Perfect Practice Thursday

Thursday is a lighter practice. We will review and go through game like situations. Team meals at FBC for (9-12 grade)

Focus & Win Friday

The schedule on Friday will change according to whether we have a Home or Away Game and how far we have to travel for the Away Game. WIN....WIN...WIN

Saturday

Recovery and rest. Time to be with your families. Did I mention college football?

7-8TH GRADE TEAMS IN - Season Practice Schedule

- **PRACTICE WILL BE AT HIGH SCHOOL**
- **PRACTICE STARTS AT 7:30 AM MONDAY THRU FRIDAY**
- **IF YOUR ATHLETE NEEDS TO RIDE SHUTTLE, THEN HE OR SHE NEEDS TO BE READY FOR PRACTICE UPON ARRIVAL**
- **GAMES ARE MOSTLY ON MONDAY OR TUESDAY**
- **WE WILL BE OFF PRACTICE FIELD BY 8:35, GIVING THEM TIME TO SHOWER, CHANGE AND BE SHUTTLED TO MIDDLE SCHOOL**
- **MORNING AFTER GAME IS MANDATORY THAT YOUR ATHLETE BE AT PRACTICE, SOME DAYS THAT TIME WILL BE USED TO WATCH FILM, OTHERS WILL BE PRACTICE.**

Demons

ACADEMIC REQUIREMENTS

Academic Eligibility

All Perkins-Tryon Football Players are expected to maintain their eligibility. Any player who is academically ineligible will be subject to the following rules:

- 1. You will not be allowed to dress out for any games that week.**
- 2. You will not be allowed to travel for an out of town game.**
- 3. You will not be allowed to stand on the sideline during the game.**
- 4. You will not be allowed to wear your jersey to school that day.**
- 5. You will be at practice every day and continue to help your team win.**
- 6. You will work hard at getting off the list.**

Academic Responsibilities

We will do grade checks for our athletes. First, we must do this for purposes of athletic eligibility, but more importantly we do this so that we can monitor our players' progress in the classroom. We will attempt to fix problems before they have reached a critical point. It is important to start strong in the classroom and then work to maintain that level.

College Recruiting

Many players would like the opportunity to play College Football, and we want to help as much as possible in that pursuit. We cannot get anyone a scholarship, but we can do as much as possible to help him. Any Coach that says they can get a kid a scholarship is lying to that player.

Any player who plans on playing at the NCAA level must go through the NCAA Clearinghouse, and that information can be found on the Internet. You can also go by the High School Counselor Office to get help.

We will do all we can to help a player in the pursuit of playing College Football.

@Recruit_PT twitter page for Recruiting go follow



SOCIAL MEDIA

THE IDEAL SOCIAL MEDIA PROFILE FOR HS ATHLETES



USE YOUR REAL NAME

MAKE SURE YOU'RE ABLE TO RECIEVE DIRECT MESSAGES

PROFILE PIC OF YOU IN YOUR UNIFORM

PROFESSIONAL HANDLE

HAVE LINK TO YOUR HUDL

HAVE CURRENT TOWN AS YOUR LOCATION

FOLLOW COACHES AND TEAMS

George Wright
@_George_Wright
Highland Park '22 | OLB/SS | Midfield | 6'1" 200 lbs | 4.55 40 | 4.36 GPA
📍 Dallas, TX hudl.com/profile/838567...
📅 Joined September 2020
173 Following 196 Followers

IMPORTANT
WHEN YOU "LIKE" SOMETHING, YOU'RE TELLING THE WORLD YOU ENDORSE THAT, WHICH COLLEGES AND COACHES CAN SEE. BE CAREFUL WHAT YOU LIKE

- BIO SHOULD HAVE**
- HIGH SCHOOL {SPELL IT OUT}
 - GPA {ACT/SAT SCORES ALSO GOOD}
 - C/O {CLASS OF} 2022, 2023, ETC.
 - YOUR POSITION
 - OTHER SPORTS AND ORGANIZATIONS
 - HEIGHT/WEIGHT
 - LIMIT USE OF EMOJIS IN BIO
 - RANKINGS FROM 247, RIVALS, ESPN, ETC.

NCAA

- **D-1 FBS 105 FULL Scholarships.** TU, OU, OSU. “The Dream”
- **D-1 FCS 63 Scholarships.** None in OK. Lots of half and partial offers.
- **D-2 36 football scholarships** that average about \$6,000. SWOSU, NSU, SEOSU, S. NAZ. NWOSU, ECU, OBU, UCO.
- **D-3 No Athletic Scholarships.** None in OK.

NAIA & JUCO

- **NAIA 2.0 GPA and 18 ACT minimum.** Mainly private colleges and Universities. **ACADEMICS MATTER.** Langston, Panhandle State, OK. Many more in Missouri & Kansas.
- **Junior College (JUCO) Some Non-qualifiers.** Some guys looking for a chance.
- **NEO A&M. Kansas is KING of Juco's.** Little tuition. **BIG rosters.** Gotta be a dog to make it on the field. **NOT EASY.** New rulings.

Injuries

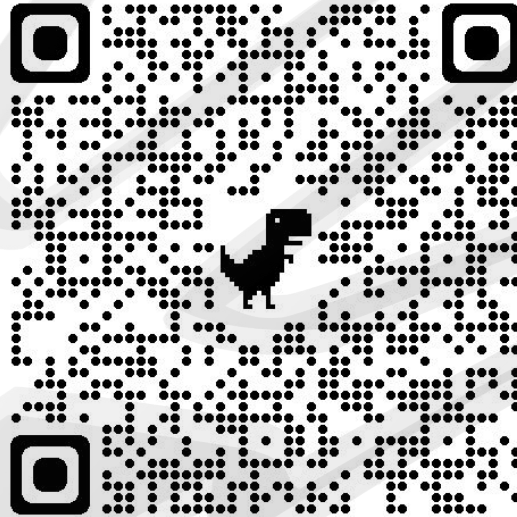
Football is the greatest game ever invented, and we believe that it builds character and truly teaches young men things that they will use the rest of their lives. Football is a violent game, so along with that injuries do occur from time to time. As coaches we teach great technique which can eliminate some of these injuries. On the Perkins-Tryon Football Staff there are many years of experience dealing with Football injuries, players need to keep coaches informed of any problems. We will also inform the parents anytime we believe that the injury needs to be seen by a doctor.

If a player is injured and unable to practice, they are expected to be at every practice so that they do not fall behind.

CONCUSSION PROTOCOLS

http://www.ossaa.net/docs/2022-23/SportsMedicine/MF_2020-21_ConcussionParentsInfo.pdf

CLICK ABOVE FOR
CONCUSSION/PARENT
CONSENT FORM





Summer pride / football camp schedule

7-12 graders

Training in weight room/aqility-conditioning on track-need cleats and shoes

@ Perkins Tryon High School (subject to change)

Dates:

***All Boys/7-12 grades**

7:50- 10 am

FOOTBALL

7th, 8th, JV, Var camp

10-10:30 am football camp

1. JUNE 1-4, 10-11, 15-18, 22-25

-----DEAD PERIOD -JUNE 29-July 5-----

1. JULY 6-9, 13-16, 20-23

2. JUNE 27-30-----VOLUNTEER WORKOUTS LED BY PLAYERS-----Coaches Clinic

3. Midnight Madness for 9-12 graders 12:01 am Aug 3rd

[4 month spring/summer calendar-football 2026](#)

CLICK ABOVE LINK FOR CALENDAR

F-Town

HOME OF THE DEMONS

PERKINS-TRYON DEMONS SPRING FOOTBALL SCHEDULE

- **SPRING PRACTICE - MONDAY MAY 11TH**
- **SPRING PRACTICE - TUESDAY MAY 12TH**
- **SPRING PRACTICE - WEDNESDAY MAY 13TH**
- **SPRING PRACTICE - THURSDAY MAY 14TH**
- **SPRING PRACTICE - FRIDAY MAY 15TH**
- **SPRING PRACTICE - MONDAY MAY 18TH**
- **SPRING PRACTICE - TUESDAY MAY 19TH**
- **SPRING PRACTICE - WEDNESDAY MAY 20TH**
- **SPRING PRACTICE - THURSDAY MAY 21ST**
- **SPRING GAME - FRIDAY MAY 22ND**
- **TEAM CAMP @ EMPORIA STATE- SUNDAY JUNE 7TH**
- **TEAM CAMP @ EMPORIA STATE - MONDAY JUNE 8TH**





PERKINS-TRYON DEMONS

2026

#GB9H #WTEAM



AUGUST 28
WASHINGTON / HOME



SEPTEMBER 4
BYE



SEPTEMBER 11
CUSHING / HOME



SEPTEMBER 18
REJOICE CHRISTIAN / AWAY



SEPTEMBER 25
LOCUST GROVE / HOME



OCTOBER 2
BRISTOW / AWAY



OCTOBER 9
MULDROW / HOME



OCTOBER 15
STIGLER / AWAY



OCTOBER 23
VERDIGRIS / HOME



OCTOBER 30
HERITAGE HALL / AWAY



NOVEMBER 6
INOLA / AWAY



2026 PT Football Schedule

ALSO FOUND ON WEBSITE

Click above for schedule



Obligations for football players

- Player packs- 3 tops, WEAR SOLID BLACK SHORTS-
- Individual skill/football camp fee.

\$225 FOR BOTH VENMO P-town-football, CASH or CHECK

Includes drills, and fundamentals taught by the Varsity staff. This is a OSSAA sanctioned event that we will do every day after summer pride. We have 18 individual camp days scheduled. This is for 7-12 grade football players.

(26 days scheduled for football camp)



G.B.H. – GOLD BALL HUNTING 🏆

DEMON FOOTBALL FAMILY

THE BIGGEST DIFFERENCE BETWEEN P.T. AND STATE CHAMPIONSHIP WAS NOTICEABLE — WE HAVE TO RAISE THE BAR. THAT MEANS GETTING BIGGER, STRONGER, AND FASTER YEAR-ROUND.

WE'VE ALREADY INVESTED IN TWO RECOVERY COOLERS, AND NOW WE'RE LOOKING FOR SUPPORTERS TO HELP OUR ATHLETES AFFORD PROPER RECOVERY AND PREVENT INJURIES.

YOUR SUPPORT HELPS US PROVIDE IDEAL POST-WORKOUT RECOVERY, DELIVERING THE PERFECT MIX OF CARBS FOR ENERGY, WHEY/CASEIN PROTEIN FOR MUSCLE REPAIR, ELECTROLYTE REPLENISHMENT, IMPROVED REHYDRATION, REDUCED SORENESS, AND BOOSTED STRENGTH.

DONATIONS CAN BE MADE:

- ✓ MONTHLY
- ✓ QUARTERLY
- ✓ BY SEMESTER
- ✓ YEARLY



**DONATIONS CAN BE SENT TO:
VENMO: @P-TOWN-FOOTBALL
CHECKS WRITTEN TO DH REP LLC**

**FOR ANY QUESTIONS, CONTACT:
☎ DAWAYNE HUDSON: 479-856-4401
✉ DHUDSON@P-T.K12.OK.US**

THANK YOU FOR INVESTING IN OUR ATHLETES AND HELPING US RAISE THE STANDARD 🍌🏈🌟

XXXX

XXXX

<https://www.ptdemonfootball.com/gold-ball-hunting>

DEMON NATION INVITATIONAL



30-06 RIFLE RAFFLE DURING THE TOURNAMENT!

ENTRY FEES

- > TEAM ENTRY: \$500 (4 Players + lunch)
- > INDIVIDUAL PLAYER: \$150

Spots are limited — first PAID teams are locked in

SPONSORSHIP OPPORTUNITIES



HOLE SPONSOR - \$150
Custom hole sign displayed on course

EXTRAS
MULLIGANS \$5 each
or 5 for \$20

SCAN TO REGISTER

Registration is **NOT** complete
until payment is received



PAYMENT:

@ P-Town-Football

Include **TEAM NAME** in payment note

MAY 22
9AM START

Independently organized fundraiser supporting Demon/Bandit Football.

*Not affiliated with Perkins-Tryon schools or PT-TDC.

DEMON FOOTBALL GUN RAFFLE



LET'S HUNT

- ▶ Ruger / Glenfield Model A .30-06
- ▶ Threaded Barrel
- ▶ Arken EPL4 4-16x44 FFP Scope
- ▶ Arken Halo Ti Mount
- ▶ Titanium 30mm Rings

TICKETS: \$5 EACH OR 5 FOR \$20

WINNER DRAWN MAY 22ND

GET TICKETS FROM DEMON/BANDIT FOOTBALL PLAYERS
PROCEEDS BENEFIT DEMON/BANDIT FOOTBALL

Thank You for Supporting Demon Football!

You do not have to be present to receive.

Independently organized fundraiser supporting Demon/Bandit Football.

WE WILL HAVE VOLUNTEER MEETINGS OR
INFORMATION SENT OUT THROUGH THE BAND APP





PERKINS DEMONS

**Coach Dawayne Hudson
(479)856-4401**

DHUDSON@P-T.K12.OK.US